

IFC

Inclusive Fitness Coalition

actively moving forward

Join us in this national initiative
to increase inclusion for persons with disabilities
in the areas of physical activity, fitness, sports and recreation.



www.incfiit.org

It is estimated that 54 million people have some type of disability.

This significant portion of the population faces some of the greatest health risks associated with sedentary lifestyles.

The Inclusive Fitness Coalition™ (IFC) is a network of organizations working to address policy, environmental, and societal issues associated with the lack of inclusion and access to physical activity among people with disabilities.

For more information, contact Jessica Madrigal at (800) 900-8086 or jmadri1@uic.edu.